Physical activity in low- and middle-income countries / ed. by Katja Siefken... [et al.]

Siefken, Katja
Routledge - 2022

This book critically evaluates the complex relations between physical activities, health imperatives, and cultural and social opportunities in low- and middle-income countries (LMICs). The book explores the uncertainty of knowledge...

2nd physical activity almanac / The Global Observatory for Physical Activity GoPA!

Global Observatory for Physical Activity
Ed. Uniandes - 2021

In this almanac, GoPA! presents the complete second set of 164 country CCRds with the available evidence up to 2019-2020 on physical activity research, policy and surveillance worldwide, corresponding to a global coverage of 75.6%...

Global, regional, and national trends and patterns in physical activity research since 1950 : a systematic review / Andrea Ramírez Varela... [et al.]

Ramírez Varela, Andrea
2022

National, regional and global scientific production and research capacity for physical activity (PA) - PA may contribute to improving public health PA policies and programs. There is an uneven distribution of research productivity...
Physical activity and sport during the first ten years of life: multidisciplinary perspectives / ed. by Richard Bailey... [et al.]

Bailey, Richard

Routledge - 2021

Evidence suggests that the first 10 or so years of life create the foundation for subsequent participation in recreational and health-related physical activity. This book brings together researchers and practitioners with expertise...

SF4D: sports & finance for development: transforming young people's lives through sport, physical activity and active play / Philippe Furrer and Patrick Elmer

Furrer, Philippe | Elmer, Patrick

InsPoweredBy - 2020

This white paper is about accelerating our journey towards the United Nations (UN) 2030 "Agenda for sustainable development". It is a call for sports organizations and practitioners, donors as well as the finance community to join...

Sport, welfare and social policy in the European Union / ed. by Nicola Rinaldo Porro... [et al.]

Porro, Nicola Rinaldo

Routledge - 2020

Sport is often seen as an indicator of the civic maturity of a community, an aspect of the rights of citizens to health, education and social integration. This book examines the relationships between participation in sport and phy...

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### The politics of physical activity / Joe Piggin

**Piggin, Joe**  
Routledge. London - 2019  
Defining 'politics' as contests over ideas, values and visions about what a physically active society could be, this book uses critical analysis to challenge accepted truths about physical activity and therefore opens up a pathway...

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### Physical literacy across the world / ed. by Margaret Whitehead

**Whitehead, Margaret**  
Routledge - 2019  
"Physical literacy across the world" records the progress of the concept of physical literacy over the last decade. It examines developments, issues and controversies in physical literacy studies, and looks at how the concept has ...

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### Routledge handbook of physical activity and practice / ed. by Joe Piggin... [et al.]

**Piggin, Joe**  
Routledge, London - 2018  
Physical activity, inactivity and their relationship to health are serious concerns for governments around the world. This is the first book to critically examine the policy and practice of physical activity from a multi-disciplin...

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It is a common assumption that sport is good for us and that participation in sport embodies public health benefits. With sport being increasingly used to deliver public health interventions worldwide, this book critically examine...
Health promotion through sport: international sport federations' priorities, actions and opportunities / Margo Mountjoy... [et al.]
Mountjoy, Margo L
2017
The aim of this study is to identify areas of priority and activity for international sports federations (IFs) with respect to athlete health and safety, and global health. Results serve to direct the work of the Association of Su...

Children, young people and sport: studies on experience and meaning / by Richard L. Light
Light, Richard Lawrence
Cambridge Scholars Publishing. Newcastle upon Tyne - 2016
This book redresses a pressing need for us to understand the motivations of children and young people in playing sport, what it means to them, and how it fits into their everyday lives. It is research-heavy, with each chapter pres...

Young people's perceptions of the main outcomes of participating in sport and physical activity / Ed Cope
Cope, Ed | Bailey, Richard
University of Hull. Hull - 2016
It is well understood that regular participation in sport and physical activity has the potential to bring a wide range of positive outcomes to people's lives. However, what is not so well understood is whether young children are ...
Sports-based health interventions: case studies from around the world / David Conrad... [et al.] (ed.)

Conrad, David

Springer. New York - 2016

This book captures a broad sample of work from around the world, providing those commissioning and delivering health interventions with both inspiration and practical guidance for setting up sports-based public health projects in...

Families, young people, physical activity and health: critical perspectives / ed. by Symeon Dagkas, Lisette Burrows

Burrows, Lisette | Dagkas, Symeon


The family is an important site for the transmission of knowledge and cultural values. Amidst claims that young people are failing to follow health advice, dropping out of sport and at risk of an ever-expanding list of lifestyle d...

Psychology of physical activity: determinants, well-being and interventions / Stuart J. H. Biddle, Nanette Mutrie and Trish Gorely

Biddle, Stuart J.H | Gorely, Trish | Mutrie, Nanette


"The positive benefits of physical activity for physical and mental health are now widely acknowledged, yet levels of physical inactivity continue to increase throughout the developed world. Understanding the psychology of physica...
European policy systems and sport for all as a policy objective / Ian Henry

Henry, Ian
Centre for Olympic Studies & Research, Loughborough University. [S.I.] - 2016

This review paper outlines the emergence, development and relative decline of Sport for All policy in Europe over the last half century. I will argue that sports policy generally and more specifically Sport for All, has reached a ...