Let’s get moving together! : a toolkit for grassroots sport leaders / International Council of Sport Science and Physical Education

UNESCO awarded funding to the International Council of Sport Science and Physical Education (ICSSPE) for the implementation of a project entitled: "Empowering future leaders in international grassroots sport". The aim of this init...

Promoting physical activity through schools : a toolkit / World Health Organization

This toolkit focuses on evidence based interventions for increasing physical activity in schools.

Mapping of innovative practices in the EU to promote sport outside of traditional structures : a report to the European Commission / written by KEA European Affairs

The European Commission (EC) has published a new study, mapping innovative approaches to promote sport outside of traditional structures. People all over the European Union (EU) are moving beyond traditional sporting environments ... 

Quality physical education policy project : analysis of process, content and impact / UNESCO

The purpose of this project analysis is to identify lessons learned from the policy revision process as well as lessons to enhance the anticipated outcomes of physical education (PE) in future for the purpose of sharing these expe...
How to influence the development of quality physical education policy: a policy advocacy toolkit for youth / UNESCO

United Nations Educational, Scientific and Cultural Organization

UNESCO - 2021

This toolkit offers general principles for successful policy advocacy that can be adapted based on what best suits your national context and specific policy development processes. You will find sections presenting the value of you...

Making the case for inclusive quality physical education policy development: a policy brief / UNESCO

United Nations Educational, Scientific and Cultural Organization

UNESCO - 2021

This evidence-based policy brief presents the benefits of investing in inclusive quality physical education (QPE) policy development. Content draws directly on findings from in-country interventions which demonstrate the value of ...

WHO guidelines on physical activity and sedentary behaviour / World Health Organization

World Health Organization

World Health Organization - 2020

This publication provides evidence-based public health recommendations for children, adolescents, adults and older adults on the amount of physical activity (frequency, intensity and duration) required to offer significant health ...

Global active recovery: active cities / Rachel Beacher

Beacher, Rachel

2020

As the world comes out of lockdown, how will the seven global active cities help residents to recover their health and well-being through physical activity and sport?
Donner envie aux jeunes de bouger et de faire du sport / Paris 2024
Summer Olympic Games. Organizing Committee. 33, 2024, Paris
Paris 2024 - 2020
Ce document présente les stratégies pour promouvoir le sport à l'école et transmettre à tous le plaisir de bouger dès le plus jeune âge dans la perspective de l'organisation des Jeux Olympiques et Paralympiques de Paris 2024.

More information...

TAFISA mission 2030 : for a better world through sport for all : adopted by the TAFISA assembly in Seoul, Korea, on November 16th, 2017 / TAFISA the Association for International Sport for All
The Association for International Sport for All
TAFISA - 2021
This publication is a guiding document for a global strategy to fight the worldwide physical inactivity epidemic. It is a succinct, action-oriented document, introducing current critical issues the world is facing, and addressing ...

More information...

Global action plan on physical activity 2018–2030 : more active people for a healthier world / World Health Organization
World Health Organization
WHO - 2018
Regular physical activity is proven to help prevent and treat noncommunicable diseases (NCDs) such as heart disease, stroke, diabetes and breast and colon cancer. It also helps to prevent hypertension, overweight and obesity and c...

More information...

Healthy cities : a Smart Cities & [and] Sport publication
Smart Cities & Sport
[Smart Cities & Sport] - 2016
This publication was developed to give some insights and share some creative initiatives that will inspire you to take concrete actions. As such, Marie Sallois Dembreville, IOC Director Corporate and Sustainable Development, under...
Sport and active society programmes: a guide to implementation / International Olympic Committee

The fundamental idea behind Sport and Active Society is that an active population engaged in sport at all levels makes for a healthier society. For society to realise the full benefits of an active population, it is critical that...

More information...

Quality physical education (QPE) / United Nations Educational, Scientific and Cultural Organization

These guidelines have been developed, in partnership with the European Commission, the International Council of Sport Science and Physical Education (ICSSPE), International Olympic Committee (IOC), UNDP, UNICEF, UNOSDP and WHO, to...

More information...

International charter of physical education, physical activity and sport / UNESCO

The “International charter of physical education, physical activity and sport” is a rights-based reference that orients and supports policy- and decision-making in sport. Based on the universal spirit of the original Charter, and...

More information...

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Get moving! : the IOC guide to managing sport for all programmes / International Olympic Committee

This interactive guide has been designed to be an informative and useful platform for organisations across the Olympic Movement that are managing Sport for All programmes, providing them with the knowledge, understanding and tools...