



## Athletes' declaration implementation guide : practical recommendations, useful resources and best practices for IFs and NOCs / International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2024

In a significant step towards reinforcing the rights and responsibilities of athletes across the Olympic Movement, the Athletes' Declaration Steering Committee is proud to release a comprehensive athletes' declaration implementati...

[Plus d'informations...](#)



## IOC Athletes' Commission strategy : supporting athletes, empowering the network / International Olympic Committee

[International Olympic Committee. Athletes' Commission](#)

International Olympic Committee - 2023

This version is an update to the original International Olympic Committee Athletes' Commission (IOC AC) strategy, published in 2017. It builds on an in-depth consultation with Athletes' Commissions, athletes and Olympic Movement s...

[Plus d'informations...](#)



## Mental health action plan / International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2023

This publication sets out clear actions to promote mental health and well-being for all sports stakeholders, to prevent mental health symptoms arising for those at risk, and to educate the Olympic community from elite to grassroots...

[Plus d'informations...](#)



## IOC mental health in elite athletes toolkit / Athlete 365, International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2021

As a sporting community, we need to create a sporting environment that better supports athletes' mental well-being and mental health. This toolkit is the first step in that journey. It is a trusted and valuable resource for Olympi...

[Plus d'informations...](#)

Site

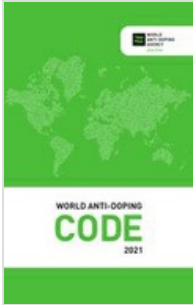
Indice CDU

Cote

Bibliothèque du CEO

Publications CIO

MA 30146



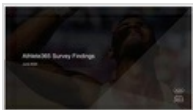
## World anti-doping code : 2021 / World Anti-Doping Agency

[World Anti-Doping Agency](#)

World Anti-Doping Agency - 2020

The code is the fundamental and universal document upon which the World anti-doping program in sport is based. The purpose of the code is to advance the anti-doping effort through universal harmonization of core anti-doping elemen...

[Plus d'informations...](#)



## Athlete365 survey findings / International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2020

In May 2020, the International Olympic Committee conducted a survey across the Athletes365 community of athletes, as well as the entourage members and other stakeholders, to understand the challenges they are facing during the COV...

[Plus d'informations...](#)



## International Olympic Committee consensus statement : methods for recording and reporting of epidemiological data on injury and illness in sport 2020 (including STROBE Extension for Sport Injury and I...

[Bahr, Roald](#)

2020

Injury and illness surveillance, and epidemiological studies, are fundamental elements of concerted efforts to protect the health of the athlete. To encourage consistency in the definitions and methodology used, and to enable data...

[Plus d'informations...](#)





## Safeguarding athletes from harassment and abuse in sport : IOC toolkit for IFs and NOCs : related to creating and implementing athlete safeguarding policies and procedures / International Olympic Comm...

[International Olympic Committee](#)

International Olympic Committee - 2017

This toolkit aims to assist National Olympic Committees (NOCs) and International Federations (IFs) in the development of policies and procedures to safeguard athletes from harassment and abuse in sport. It is divided into 5 sectio...

[Plus d'informations...](#)

Site	Indice CDU	Cote
Bibliothèque du CEO	Libre-accès	MA 28481+1
Bibliothèque du CEO	Publications CIO	MA 28481



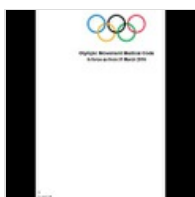
## Healthcare guide : Olympic Games Rio 2016 / Organising Committee for the Olympic and Paralympic Games in Rio in 2016

[Summer Olympic Games. Organizing Committee. 31, 2016, Rio de Janeiro](#)

Organising Committee for the Olympic and Paralympic Games in Rio in 2016 - 2016

This guide provides information on the medical services programme for the Rio 2016 Summer Olympic Games. It contains the map of the organisation, the IOC medical policies and procedures, and many more.

[Plus d'informations...](#)



## Olympic Movement medical code : in force as from 31 March 2016 / International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2016

This document states the medical regulations that have to be applied at the Olympic Games, whether in training or in competition, including championships of the International Federations and competition. Its aim is to enforce the ...

[Plus d'informations...](#)



## The female athlete / ed. by Margo L. Mountjoy

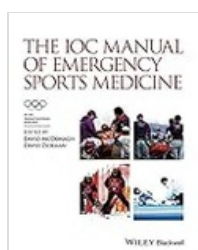
[Mountjoy, Margo L.](#) |  
[International Olympic Committee. Medical and Scientific Commission](#)

Wiley-Blackwell - 2015

This new International Olympic Committee (IOC) handbook covers the science, medicine and psycho-social aspects of females in sports at all levels of competition. It focuses on the specific issues that female athletes confront both...

[Plus d'informations...](#)

Site	Indice CDU	Cote
Bibliothèque du CEO	Publications CIO	MA 27068
NOC Spain Library	Reading room	G 03-054 F329a



## The IOC manual of emergency sports medicine / ed. by David McDonagh... [et al.]

[McDonagh, David O'Sullivan](#) |  
[International Olympic Committee. Medical and Scientific Commission](#)

Wiley-Blackwell - 2015

"The IOC manual of emergency sports medicine" focuses on the diagnosis and clinical treatment of injuries and illnesses that can present on the field of play, in both summer and winter sports. Written by experts, this manual provi...

[Plus d'informations...](#)

Site	Indice CDU	Cote
Bibliothèque du CEO	Libre-accès	MA 27197+1
Bibliothèque du CEO	Publications CIO	MA 27197
NOC Spain Library	Reading room	G 061 I64m

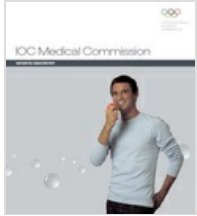


## Nutrition for athletes : a practical guide to eating for health and performance : based on an International Consensus Conference held at the IOC in Lausanne in October 2010 / prep. by the Nutrition Wo...

[Maughan, Ron](#) | [Burke, Louise](#) |  
[International Olympic Committee. Medical and Scientific Commission](#)

International Olympic Committee - 2012

[Plus d'informations...](#)



## Sports dentistry / IOC Medical Commission

[International Olympic Committee. Medical and Scientific Commission](#)

International Olympic Committee - 2008

The goal of this brochure is to show the athletes how dental health is related to athletic performance, and to provide them with the proper tools to improve dental health and prevent dental injuries.

[Plus d'informations...](#)