



30 minutes d'activité physique quotidienne (APQ) à l'école primaire : évaluation du dispositif sur le territoire de l'Académie de Créteil / Observatoire national de l'activité physique et de la sédent...

[Observatoire national de l'activité physique et de la sédentarité](#) | [Summer Olympic Games. Organizing Committee](#). 33, 2024, Paris

Comité d'organisation des Jeux Olympiques et Paralympiques de Paris 2024 - 2023

Ce document présente une étude évaluative du projet "30 minutes d'activité physique quotidienne" (APQ) à l'école primaire, qui s'inscrit dans le cadre du programme Génération 2024 et de la démarche Ecole promotrice de santé et dan...

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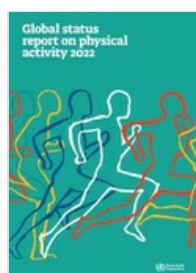
Understanding trends in youth participations in sport : Movenow move365 / International Olympic Committee, Allianz

[International Olympic Committee](#) | [Allianz](#)

International Olympic Committee - 2023

This report co-commissioned by the International Olympic Committee and Allianz, explores young people's current levels of engagement and motivations in relation to community sport and physical activity. Initial results from this g...

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Global status report on physical activity 2022 / World Health Organization

[World Health Organization](#)

WHO - 2022

This "Global status report on physical activity" is World Health Organisation's first dedicated global assessment of global progress on country implementation of policy recommendations of the global action plan on physical activit...

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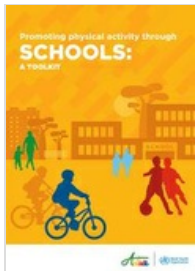
Let's get moving together! : a toolkit for grassroots sport leaders / International Council of Sport Science and Physical Education

[International Council of Sport Science and Physical Education](#)

International Council of Sport Science and Physical Education - 2022

UNESCO awarded funding to the International Council of Sport Science and Physical Education (ICSSPE) for the implementation of a project entitled: "Empowering future leaders in international grassroots sport". The aim of this init...

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Promoting physical activity through schools : a toolkit / World Health Organization

[World Health Organization](#)

WHO - 2021

This toolkit focuses on evidence based interventions for increasing physical activity in schools.

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Mapping of innovative practices in the EU to promote sport outside of traditional structures : a report to the European Commission / written by KEA European Affairs

[KEA European Affairs](#)

European Commission - 2021

The European Commission (EC) has published a new study, mapping innovative approaches to promote sport outside of traditional structures. People all over the European Union (EU) are moving beyond traditional sporting environments ...

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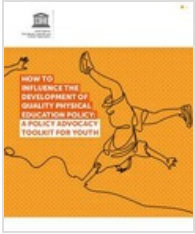
Quality physical education policy project : analysis of process, content and impact / UNESCO

[McLennan, Nancy](#) | [United Nations Educational, Scientific and Cultural Organization](#)

UNESCO - 2021

The purpose of this project analysis is to identify lessons learned from the policy revision process as well as lessons to enhance the anticipated outcomes of physical education (PE) in future for the purpose of sharing these expe...

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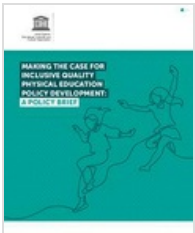
How to influence the development of quality physical education policy : a policy advocacy toolkit for youth / UNESCO

[United Nations Educational, Scientific and Cultural Organization](#)

UNESCO - 2021

This toolkit offers general principles for successful policy advocacy that can be adapted based on what best suits your national context and specific policy development processes. You will find sections presenting the value of you...

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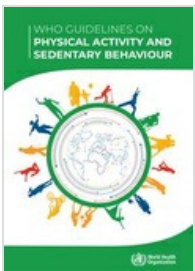
Making the case for inclusive quality physical education policy development : a policy brief / UNESCO

[United Nations Educational, Scientific and Cultural Organization](#)

UNESCO - 2021

This evidence-based policy brief presents the benefits of investing in inclusive quality physical education (QPE) policy development. Content draws directly on findings from in-country interventions which demonstrate the value of ...

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WHO guidelines on physical activity and sedentary behaviour / World Health Organization

[World Health Organization](#)

World Health Organization - 2020

This publication provides evidence-based public health recommendations for children, adolescents, adults and older adults on the amount of physical activity (frequency, intensity and duration) required to offer significant health ...

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Global active recovery : active cities / Rachel Beacher

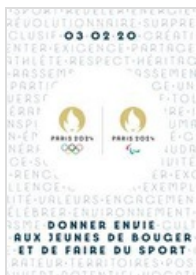
[Beacher, Rachel](#)

2020

As the world comes out of lockdown, how will the seven global active cities help residents to recover their health and well-being through physical activity and sport?

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Donner envie aux jeunes de bouger et de faire du sport / Paris 2024

[Summer Olympic Games. Organizing Committee. 33, 2024, Paris](#)

Paris 2024 - 2020

Ce document présente les stratégies pour promouvoir le sport à l'école et transmettre à tous le plaisir de bouger dès le plus jeune âge dans la perspective de l'organisation des Jeux Olympiques et Paralympiques de Paris 2024.

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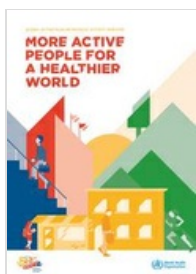
TAFISA mission 2030 : for a better world through sport for all : adopted by the TAFISA assembly in Seoul, Korea, on November 16th, 2017 / TAFISA the Association for International Sport for All

[The Association for International Sport for All](#)

TAFISA - 2021

This publication is a guiding document for a global strategy to fight the worldwide physical inactivity epidemic. It is a succinct, action-oriented document, introducing current critical issues the world is facing, and addressing ...

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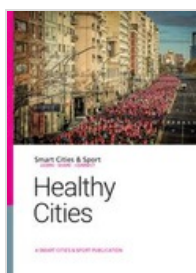
Global action plan on physical activity 2018–2030 : more active people for a healthier world / World Health Organization

[World Health Organization](#)

WHO - 2018

Regular physical activity is proven to help prevent and treat noncommunicable diseases (NCDs) such as heart disease, stroke, diabetes and breast and colon cancer. It also helps to prevent hypertension, overweight and obesity and c...

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Healthy cities : a Smart Cities & [and] Sport publication

[Smart Cities & Sport](#)

[Smart Cities & Sport] - 2016

This publication was developed to give some insights and share some creative initiatives that will inspire you to take concrete actions. As such, Marie Sallois Dembreville, IOC Director Corporate and Sustainable Development, under...

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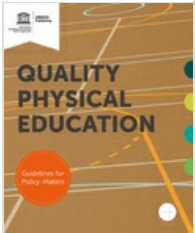
Sport and active society programmes : a guide to implementation / International Olympic Committee

[International Olympic Committee](#)

International Olympic Committee - 2015

The fundamental idea behind Sport and Active Society is that an active population engaged in sport at all levels makes for a healthier society. For society to realise the full benefits of an active population, it is critical that ...

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Quality physical education (QPE) / United Nations Educational, Scientific and Cultural Organization

[United Nations Educational, Scientific and Cultural Organization](#)

UNESCO - 2015

These guidelines have been developed, in partnership with the European Commission, the International Council of Sport Science and Physical Education (ICSSPE), International Olympic Committee (IOC), UNDP, UNICEF, UNOSDP and WHO, to...

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International charter of physical education, physical activity and sport / UNESCO

[United Nations Educational, Scientific and Cultural Organization](#)

UNESCO - 2015

The "International charter of physical education, physical activity and sport" is a rights-based reference that orients and supports policy- and decision-making in sport. Based on the universal spirit of the original Charter, and ...

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Get moving! : the IOC guide to managing sport for all programmes / International Olympic Committee

[International Olympic Committee](#)

IOC - 2014

This interactive guide has been designed to be an informative and useful platform for organisations across the Olympic Movement that are managing Sport for All programmes, providing them with the knowledge, understanding and tools...

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